

K.R.Mangalam World School, South City - I, Gurgaon.

MID DAY MEAL - JULY TO SEPTEMBER 2011

DATE	MAIN SNACK	DRINK/DESSERT
1/7/11	Veg S/W with cheese and Cutlet	Mango Shake
4/7/11	Triangular Paratha and Shahi Paneer	Fruit Cake
5/7/11	Idli Sambhar with Coconut Chutney	Lemonade
6/7/11	Veg Noodles with manchurian	Ice Cream
7/7/11	Kadhi Pakoda Chawal	Melons
8/7/11	Bread Pakoda with Ketchup	Lassi
11/7/11	Vada Sambhar with Chutney	Bournvita
12/7/11	Aloo Paratha with Raita	Atta Halwa
13/7/11	Veg Pasta with white sauce & cheese- (Penne)	Strawberry pastry
14/7/11	Chole Rice & Raita	Fruit Chaat
15/7/11	Veg Burger with Cheese & Mayonnaise ,Ketchup	Orange Juice
18/7/11	Veg Poha with Coconut Chutney	Mango Shake
19/7/11	Aloo Puri	Fruit Cake
20/7/11	Rajma Rice & Curd	Rasmalai
21/7/11	Pao Bhaji	Lemonade
22/7/11	Plain Cheese Pizza with french fries	Sweet Lassi
25/7/11	Kulcha & Mutter with green salad	Chaach
26/7/11	Tri-Colour S/W with Ketchup & cutlet	Truffle Pastry
27/7/11	Veg Noodles with Manchurian	Fruit Cream
28/7/11	Aloo Paratha & Chutney	Chocolate Shake
29/7/11	Dalmakhni with Veg Pulao	Orange Juice
1/8/11	Veg Pasta with Red Sauce - (Macroni)	Fruit Chaat
2/8/11	Bread Pakoda with Ketchup	Lassi
3/8/11	Veg Biryani with raita	Malai S/W
4/8/11	Square Paratha with Paneer	Pineapple Pastry
5/8/11	Vada Sambhar with Chutney	Chocholate shake
8/8/11	Veg Fried Rice with Garlic Corn& Potato Gravy	Mango Shanke
9/8/11	Kadhi Pakoda with Rice	Gulab Jamun
10/8/11	Veg S/W with cheese and Cutlet	Lemonade
11/8/11	Aloo Bonda & Ketchup	Mango Pastry
12/8/11	Palak Paneer with Paratha	Fruit Chaat
16/8/11	Rice with Maharani Dal	Seviyaan Kheer
17/8/11	Tricolour S/W with Potato wedges & Cheesy dip	Orange Juice
18/8/11	Kulcha Mutter with Raita	Rasgulla
19/8/11	Spinach with cheese Pasta - (Farfalle)	Bournvita
23/8/11	Veg Poha with coconut Chutney	Strawberry Pastry
24/8/11	Veg Noodles with Manchurian	Fruit cream
25/8/11	Cheese Pizza with french fries	Lemonade

26/8/11	Rajma Rice with curd	Gulab Jamun
29/8/11	Paratha with Dal Makhani	Phirni
1/9/11	Idli Chutney with Sambhar	Atta halwa
2/9/11	Veg S/W with cutlet	Chocholate Shake
5/9/11	Veg Fried Rice with Paneer Gravy	Truffle Pastry
6/9/11	Aloo Paratha with Raita	Rice Kheer
7/9/11	Bread Pakoda with Ketchup	Orange Juice
8/9/11	Vada Sambhar with Chutney	Motichur Laddu
9/9/11	Veg Pasta with white sauce & cheese- (Fusilli)	Fruit cream
12/9/11	Aloo Puri	Phirni
13/9/11	Veg Burger with Cheese & Mayonnaise ,Ketchup	Orange Juice
14/9/11	Chhole Rice with curd	Gulab Jamun
15/9/11	Veg Seeviyaan Upma with coconut chutney	Rasmalai
16/9/11	Veg Noodles with Garlic Corn& Potato Gravy	Vanilla Icecream
19/9/11	Rice with Maharani Dal	Seviyaan Kheer
20/9/11	Tricolour S/W with Potato wedges & Cheesy dip	Orange Juice
21/9/11	Kulcha Mutter with Raita	Rasgulla
22/9/11	Spinach with cheese Pasta - (Farfalle)	Bournvita
26/9/11	Kulcha & Mutter with green salad	Chaach
27/9/11	Tri-Colour S/W with Ketchup & cutlet	Truffle Pastry
28/9/11	Veg Noodles with Manchurian	Fruit Cream
29/9/11	Idli Sambhar & Chutney	Motichur Laddu
30/9/11	Dalmakhni with Veg Pulao	Orange Juice

